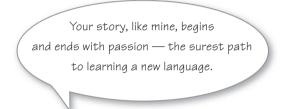
INTRODUCTION

My Story, Your Passion



In late July 2003, just a couple of weeks after my twenty-first birthday, I moved to Valencia, Spain. To help me adjust to life in a foreign country, I enrolled in a Spanish class.

It was a small class, and it was taught entirely in Spanish, which was a bit of a problem for me because I only understood English. I had just graduated with a degree in electronic engineering, and I had barely passed the German and Irish* courses I took in high school and college. Languages were definitely not my thing.

After several classes, I was getting absolutely nowhere. Each lesson ended with the other students wearing great big satisfied smiles on their faces. I knew they had figured out something

^{*} Irish, or Gaeilge, is the standard name for the Celtic language of Ireland (not to be confused with Gaelic, the language of Scotland); our dialect of English is actually referred to as Hiberno English, or 'Irish English', never; 'Irish'.

about the language that they didn't know before, while I still couldn't understand a single thing. My ego was destroyed. I was, without a doubt, the worst student in the class, and as I walked home with my head hung low, I couldn't help thinking, It's not fair! Why were those guys blessed with the language-learning gene and I wasn't? I'm never going to learn Spanish.

After six months in Spain, I could barely muster up the courage to ask how much something cost or where the bathroom was. I really started to think I would never learn Spanish. I began to worry my experience immersed in a different country would be a total failure. I was convinced my destiny was to spend the rest of my life speaking only English.

Fast-forward seven years. One night in Budapest, I ended up at a 'couch-surfing' party at a local bar with an international crowd. I confidently strolled in and said hello to everyone *in Hungarian*, one of the most notoriously difficult languages in the world. I started chatting with a local, *in Hungarian*, about my progress with his native language. I had been learning it only for about five weeks, but I was still able to have this rudimentary chat with him.

Next, I noticed a slight Brazilian Portuguese accent from the guy speaking English to my left. I asked, 'Você é brasileiro?' (Are you Brazilian?), and when he told me, in Portuguese, that he was from Rio, I immediately switched to my Carioca accent, using slang from his own city, telling him how much I missed it. He was shocked to hear an Irish guy speak his own Portuguese dialect in a random bar in Budapest!

Then I recognized a Spanish friend of mine across the table and immediately switched to fluent Spanish, asking her how *her* Hungarian was coming along. Later, a couple from Quebec arrived, and I turned on my Quebec accent and expressions while speaking French. We exchanged contact information and made plans to hang out the next day.

That night I also managed to use some Italian and Esperanto and wowed a Thai tourist with a few phrases of basic Thai, using all the right tones. I even flirted in German with a German girl I saw regularly at these meetings.

In one evening I spoke eight languages (including a little English) casually, socially, and naturally. I switched between them effortlessly, without mixing them up, and — more important — made some amazing new friends in the process.

Since then I've learned several other languages, and at the time of writing this, I can confidently use twelve languages in varying degrees of proficiency, from conversational Dutch, Mandarin, Chinese, and American Sign Language to certified mastery in Spanish and everything in between for the other nine. I understand the basics of another twelve languages on top of these. I also run Fluentin3months.com, the world's largest language-learning blog, which, to date, has helped millions of people around the world learn a new language.

All of this is true despite the fact that I spoke only English until the age of twenty-one and did poorly in my attempts to learn languages in school.

How did this happen? How did I go from dropping out of my Spanish language class to being able to converse in more than a dozen languages? Simply by changing how I approach new languages.