

THE KEY
TO LIVING THE
Law of Attraction



A Simple Guide to
Creating the Life of Your Dreams

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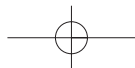


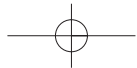
Contents

Acknowledgments	v
Introduction	1
1 THE LAW OF ATTRACTION	7
2 WHAT YOU ARE	13
Everything is energy	
You are connected	
You are a magnet	
You are powerful	
3 WHO YOU ARE	17
Thoughts are things	
Thoughts affect your body	
Your conscious and subconscious mind	
4 EMOTIONS	27
Internal and external feedback	
Positive and negative emotions	
5 FOCUS ON THE POSITIVE	37

6	ABUNDANCE	43
7	PURPOSE AND PASSION Define your purpose	49
8	DEFINE YOUR DREAMS Seven key areas of your life Create your dream list 101 goals list Dream big	61
9	LIVING THE LAW OF ATTRACTION Tools for living the Law of Attraction	103
10	AFFIRMATIONS The two types of affirmations Creating your affirmations Using your affirmations	107
11	VISUALIZATION Skyscraper visualization Create your day visualization Your vision book	119
12	ATTITUDE Gratitude and appreciation A token of gratitude Your gratitude journal	133

13 PRAYER AND MEDITATION	143
A simple meditation	
A simple invocation	
14 ACTION	149
Two kinds of action	
Daily Rituals	
15 BELIEVE	157
The Key	





Introduction

It is said that when the student is ready, the teacher will appear. If you are reading this book, then you are obviously ready to take the next step in your own personal evolution. You are ready to begin deliberately creating and receiving more of what you really want in your life. By consciously and intentionally working with the Law of Attraction, you can create exactly what you want with less effort and more joy.

While many people now refer to the Law of Attraction as a “secret,” it is neither a new concept nor a recent discovery. It has been an integral part of the great teachings of the ages for several millennia. I have been teaching this principle, along with many others, for over thirty years. With the release of the DVD movie *The Secret* and appearances by many of the teachers (myself included) that were featured in the movie on *Oprah*, *Larry King Live*, *The Today Show*, *Montel*, *The Ellen Degeneres Show*, and *Nightline*, the awareness of the Law of Attraction has now become part of the mainstream culture.

Finally, we are learning that we are all participants in the creation of our lives, and we are all responsible for the state of the world we live in. We are beginning to realize that if we want things to change

2 Jack Canfield

on an external level, then we must be willing to make the necessary internal changes as well. There is a shift taking place, a change in our awareness. This change is in the air and on the airwaves, and we can feel it deep within our souls. There seems to be a common yearning among us to return to a simpler, more joyous place and time, and we know on some internal level that there is more to life than what we have been experiencing. We know that greater fulfillment is possible and we are ready for it. We have reached a point where we have come full circle in our spiritual evolution, and we are longing to understand our connection to each other, our purpose, and ourselves. We are, as a people, looking within, questioning our priorities, our circumstances, and searching for deeper meaning in our lives.

It is my hope that through this book and through a better understanding of how the Law of Attraction is at work in your life, you will also gain a greater understanding of yourself—a sense of who you really are and why you are here. This simple guide is your key. It can unlock the gate to the future you desire and lead you down a path of greater joy, prosperity, and abundance. It is my intention that as you read this book you will find yourself inspired by the realization that you *can* create the life you desire, and that you will be empowered by the use of the basic tools, strategies, and concepts contained within these pages.

This book is in your hands for a reason. You can begin to live a truly conscious life—one that is filled with purpose and meaning—right now. Starting today, you can begin to reconnect with your inner truth and wisdom. You can learn to trust your intuition, heighten your awareness, and honor your emotions. By simply trusting in

The Key to Living the Law of Attraction 3

the natural order of things, and by trusting in a higher power than yourself, you can learn to let go and begin living in a place of real faith, gratitude, and joy. As you make these changes, you will start to become increasingly aware of the miracles all around you; and the events in your life will begin to unfold in what seem like magical and mysterious ways.

Remember, you are inextricably connected to everyone and everything in the universe, including God. You always have been. At any given moment the universe is automatically responding to your every thought, feeling, and action. It has no choice; it's simply the way things work. It acts as a mirror, reflecting back to you the very energy you project. The thoughts and energy that you send out into the universe will always attract back to you, in one form or another, things and experiences that match those thoughts and energy. This is the Law of Attraction at work in your life. It is a perfect example of this brilliantly designed universe in action, an immutable universal law. The Law of Attraction is the scientific explanation for coincidence, serendipity, and the power of prayer.

Knowing this, if you want to find greater happiness and fulfillment in your life, you must begin to live in harmony with the natural rhythm of the universe, and in harmony with the Law of Attraction. You must choose to live in a place of gratitude, greater peace, and higher consciousness. You must learn to follow your bliss, do what you love, and make time to find joy in your life. It is your natural birthright to be happy, and it is your obligation to express yourself through your natural gifts and talents in a way that brings you joy. By doing so, you are also making an essential contribution to the world we live in.

4 Jack Canfield

Imagine a world where we are all living in this way. A world where we all take full responsibility for our thoughts, our actions, and the results they produce, and become more loving, giving, compassionate, and appreciative people. Through the Law of Attraction the natural result of all of these things is a state of ever increasing joy and abundance. As we become happier, more grateful individuals, we create a vibrational match for all the good that the universe has to offer, and we begin to shift the energy of the entire planet.

This is the key to authentic success.

This is the key to Living the Law of Attraction.

Your journey begins right here, right now. Empower yourself—use this key, unlock the gate, and take this simple path I am offering you

I will guide you each step of the way. Living the Law of Attraction in a conscious, deliberate way will change your life, and it will change the way you participate in this global community. You can change the way you think, you can change your life, and you can change the world. Start living the life you are meant to live. You are here for a reason, and the world needs what you have to offer.

Envision the future you desire.

Create the life of your dreams.

See it, feel it, believe it.

1

Law of Attraction

Understanding the Law of Attraction is the key to creating the life of your dreams.

The Law of Attraction is the most powerful law in the universe. Just like gravity, it is always in effect, always in motion. *It is working in your life at this very moment.*

Simply put, the Law of Attraction says that you will attract into your life whatever you focus on. Whatever you give your energy and attention to will come back to you. So, if you stay focused on the good and positive things in your life, you will automatically attract more good and positive things into your life. If you are focused upon lack and negativity, then *that* is what will be attracted into your life.

*You are what you think about
all day long.*

Dr. Robert Schuller

You are *always* in a state of creation. You always have been. You are creating your reality in every moment of every day. You are creating your future with every single thought: either consciously or

8 Jack Canfield

subconsciously. You can't take a break from it and decide *not* to create because creation never stops. The Law of Attraction never stops working.

So, understanding just how this law operates is a fundamental key to your success. If you want to change your life, and empower yourself to create an amazing future, then you need to understand your role in the Law of Attraction.

To let life happen to you is irresponsible.

To create your day is your divine right.

Ramtha

Here's how it works: Like attracts like. If you are feeling excited, enthusiastic, passionate, happy, joyful, appreciative, or abundant, then you are sending out *positive* energy. On the other hand, if you are feeling bored, anxious, stressed out, angry, resentful, or sad, you are sending out *negative* energy. The universe, through the Law of Attraction, will respond enthusiastically to both of these vibrations. It doesn't decide which one is better for you, it just responds to *whatever* energy you are creating, and it gives you more of the same. You get back exactly what you put out there. Whatever you are thinking and feeling at any given time is basically your request to the universe for more of the same.

Because your energy vibrations will attract energy back to you of the same frequencies, you need to make sure that you are continually sending out energy, thoughts, and feelings that resonate with what you want to be, do, and experience. Your energy frequencies need to be in tune with what you want to attract in your life. If love

The Key to Living the Law of Attraction 9

and joy are what you want to attract, then the vibrational frequencies of love and joy are what you want to create.

Think of it this way—it's a lot like transmitting and receiving radio waves. Your frequency has to match the frequency of what you want to receive. You can't tune your radio to 98.7 on your FM dial and expect to get a station broadcasting on 103.3. It just won't happen. Your energy has to synchronize with, or match, the energy frequency of the sender. So, you have to keep your vibration tuned to a positive frequency in order to attract positive energy back to you.

Another good example is that of a tuning fork. When you strike a tuning fork you activate it to send out a particular sound or frequency. Now, in a room filled with tuning forks—*only* those that are tuned to the exact same frequency will begin to vibrate in response. They will automatically connect and respond to the frequency that matches their own. So the idea here is to tune *yourself* to resonate at a frequency that is in harmony with what you want to attract. In order to create a positive future, you need to keep your energy, thoughts, and feelings in the positive range.

You can learn to manage your thoughts and emotions and maintain a vibrational match for what you want to attract by learning to respond instead of just reacting to the situations in your life. Most of us go through life just reacting automatically and unconsciously to the things and events that take place around us. Perhaps you're having a rough day, you've gotten a flat tire, or maybe someone has treated you unfairly. Say that you react in a negative way to these situations with your thoughts and your emotions. You become

10 Jack Canfield

angry, frustrated, or upset. In this case, you are unconsciously *reacting* to the situation instead of consciously *responding* to it, and your negatively charged thoughts and emotions are automatically placing an order with the universe for more of the same negative experiences. In order to create a more positive outcome, you must learn to consciously respond in a different, more positive way.

*If you do what you've always done, you'll
get what you've always gotten.*

Anthony Robbins

The good news is that once you understand the Law of Attraction, and how it works, you can begin to consciously and intentionally create a better life. You can *choose* to respond differently to the situations that arise during your day. You can *choose* to think differently. You can *choose* to focus and think about the things you want more of in your life. You can *choose* to experience more of the things that make you feel good. You can *choose* to deliberately participate in the creation of your future by managing your thoughts and feelings.

*Your future is created by what you do
today, not tomorrow.*

Robert Kiyosaki

EXPECT MIRACLES.

The Law of Attraction allows for *infinite* possibilities, *infinite* abundance, and *infinite* joy. It knows no order of difficulty, and it can change your life in every way.