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THE CRYSTAL CHILDREN

*A Guide to the Newest Generation of
Psychic and Sensitive Children*

Doreen Virtue, Ph.D.



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CONTENTS

<i>Introduction: Who Are the Crystal Children?</i>	I
Chapter 1: In the Womb	15
Chapter 2: Oh, Those Eyes!	23
Chapter 3: Late-Talkers, Telepathy, and Trances	31
Chapter 4: A High Degree of Sensitivity	49
Chapter 5: Natural-Born Healers	65
Chapter 6: Magical, Spiritual Children	75
Chapter 7: Connecting to Nature, Animals, and Rocks	85
Chapter 8: Angels and Invisible Friends	107
Chapter 9: A Gift for Music, Art, and Entertainment	119
Chapter 10: Angel Babies	127
Chapter 11: Eat, Sleep, and Be Picky	135
Chapter 12: Advice from Parents, Teachers, and the Crystal Children Themselves	155
<i>About the Author</i>	168

*To the Crystal Children,
their parents, grandparents, and teachers.
Thank you for being angels
upon the earth, to help us all!*

Please note: All of the stories in this book are true, as submitted by parents, grandparents, and teachers who work with these remarkable children. Some contributors have chosen to remain anonymous; real names appear in each story by permission. (The contributions have been edited for space and clarity.)



INTRODUCTION

Who Are the Crystal Children?

The first thing you notice about Crystal Children (whom I'll also refer to as "Crystals") is their eyes—large, penetrating, and wise beyond their years. Their eyes lock upon yours hypnotically, while your soul is laid bare for these children to truly see.

Perhaps you've met this special new "breed" of kids who are rapidly populating our planet. They're happy, delightful, and forgiving. These new lightworkers, roughly newborn through age seven, are unlike previous generations. Ideal in many ways, they point to where humanity is headed . . . and it's a positive direction!

The older kids (approximately age 7 through 25), called "Indigo Children," share some characteristics with the Crystals. Both generations are highly sensitive and psychic, and



they have important life purposes. The main difference is their temperament. Indigos have a warrior spirit, since their collective purpose is to mash down old approaches that no longer serve us. They're here to quash governmental, educational, and legal systems that lack integrity. To accomplish this end, they need hot tempers and fiery determination.

Adults who resist change and who value conformity may misunderstand the Indigos. They're often mislabeled with the psychiatric diagnoses of Attention Deficit with Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD). Sadly, when they're medicated, the Indigos often lose their beautiful sensitivity, spiritual gifts, and warrior energy. I wrote about the Indigos at length in my book *The Care and Feeding of Indigo Children*; and the subject was thoroughly explored in *The Indigo Children*, written by Lee Carroll and Jan Tober (both published by Hay House).

In contrast, the Crystal Children are blissful and even-tempered. Sure, they may have tantrums occasionally, but these kids are largely forgiving and easygoing. The Crystals are the generation who benefit from the Indigos' trail-

blazing. First, the Indigo Children lead with a machete, chopping down anything that lacks integrity. Then the Crystal Children follow the cleared path into a safer and more secure world.

The terms *Indigo* and *Crystal* were given to these two generations because they most accurately describe their aura colors and energy patterns. Indigo Children have a lot of indigo blue in their auras. This is the color of the “third-eye chakra,” which is an energy center inside the head located between the two eyebrows. This chakra regulates clairvoyance, or the ability to see energy, visions, and spirits. Many of the Indigo Children have this gift.

The Crystal Children have beautiful, multi-colored, opalescent auras, in pastel hues like a quartz crystal’s prism effect. This generation also harbors a fascination for crystals and rocks, as you’ll read about later in this book. Hence, the name “Crystal Children.”

The characteristics of Crystal Children are as follows:

- Are usually born in 1995 or later
- Possess large eyes with an intense stare
- Have magnetic personalities

- Are highly affectionate
- Start talking late in childhood
- Are very musically oriented, and may sing before talking
- Use telepathy and self-invented sign language to communicate
- May be diagnosed with autism or Asperger's syndrome
- Are even-tempered, sweet, and loving
- Are forgiving of others
- Are highly sensitive and empathetic
- Are very much connected to nature and animals
- Exhibit healing abilities
- Are quite interested in crystals and rocks
- Often discuss angels, spirit guides, and past-life memories
- Are extremely artistic and creative
- Prefer vegetarian meals and juices to "regular food"
- May be fearless explorers and climbers, with an amazing sense of balance

Children of the Millennium Shift

The year was 1995, a time when many of



us felt a gnawing restlessness in our bellies. On the heels of the materialistic '80s, we were searching for meaning, and avenues to contribute to the world's well-being. It was the beginning of a new spiritual renaissance, as we learned to look inward for answers and fulfillment.

Many individuals had profound spiritual experiences that year. I should know: It was on July 15, 1995, that an angel's loud, booming voice helped me escape unscathed from an attempted armed carjacking. Since that experience, I've devoted my life to teaching others about spirituality. And I've met countless people worldwide who also had major wake-up calls that year.

No wonder, then, that the Crystal Children started to arrive at that time. They knew that adults were finally ready for children's higher vibrations, and their purer way of living. Some older Crystal Children already existed on the planet. They were the scouts—the first generation of Crystals who came to check out the situation and report home during dreamtime transmissions. The earliest Crystals were the ones who signaled that 1995 was the year when the coast was clear for a large infusion of high-



level babies. The number of Crystals born continues to escalate. And each year's crop of freshly born Crystal Children reveals increasingly profound spiritual abilities.

Misunderstood Gifts

As mentioned earlier, the generation preceding the Crystal Children are referred to as the Indigo Children, and they paved the way. One of the spiritual gifts of the Indigos is their ability to sniff out dishonesty, like a dog senses fear. Indigos *know* when they're being lied to, patronized, or manipulated. And since their collective purpose is to usher in a new world of integrity, the Indigos' inner lie detectors are integral. Again, this warrior spirit threatens some adults. Additionally, the Indigos are *unable* to conform to dysfunctional situations at home, work, or school. They don't have the ability to dissociate from their feelings and pretend that everything's okay . . . unless they're medicated or sedated.

Crystal Children's innate spiritual gifts are also misunderstood—specifically, their telepathic abilities, which often cause them to start talking long after most toddlers begin to do so.

In the new world that the Indigos are ushering in, we'll all be much more aware of our intuitive thoughts and feelings; we won't rely so much on the spoken or written word. Communication will be faster, more direct, and more honest, because it will be mind-to-mind. Already, increasing numbers of us are getting in touch with our psychic abilities. Our interest in the paranormal is at an all-time high, fueled by books, TV shows, and movies on the topic.

So it's not surprising that the generation following the Indigos are incredibly telepathic. As touched on above, many of the Crystal Children have delayed speech patterns, and it's not uncommon for them to wait until they're three or four years old to begin speaking. But parents have no trouble communicating with their silent children—far from it! Parents engage in mind-to-mind communication with their Crystal Children; and the Crystals use a combination of telepathy, self-fashioned sign language, and sounds (including song) to get their point across.

The trouble starts when the Crystals are judged by medical and educational professionals to have “abnormal” speaking patterns. It's no coincidence that as greater numbers

of Crystals are being born, the number of diagnoses for autism is at a record high!

It's true that the Crystal Children are different from other generations, but why do we need to pathologize these differences? If the children are successfully communicating at home, and the parents aren't reporting any problems . . . then why create trouble where it doesn't exist?

The diagnostic criteria for autism is quite clear: The autistic person lives in his or her own world and is disconnected from other people. The autistic person doesn't talk because of an indifference to communicating with others.

Crystal Children are quite the opposite. As you'll read later on, they're among the most connected, communicative, caring, and cuddly of any generation. They're also quite philosophical and spiritually gifted—and they display an unprecedented level of kindness and sensitivity. For example, I received more stories than I could fit in this book about Crystal Children spontaneously hugging people in need. An autistic person wouldn't do that!

There are plenty of stories about great historical figures who started talking later in life—

Albert Einstein being among the most famous. Einstein's sister, Maja, noted that her brilliant brother didn't begin speaking until he was well over two years old. According to *U.S. News & World Report* (December 9, 2002), Einstein first uttered a sentence to complain that his milk was too hot. His stunned parents asked why he hadn't spoken earlier. "Because," the little genius supposedly replied, "previously everything was in order."

In my book *The Care and Feeding of Indigo Children*, I wrote that ADHD should stand for "Attention Dialed into a Higher Dimension." This would more accurately describe that generation of kids. In the same vein, Crystal Children don't warrant a label of autism. They aren't autistic—they're *awe*-tistic!

That's right—these children are worthy of awe, not labels of dysfunction. If anyone's dysfunctional, it's the systems that don't accommodate the continuing evolution of the human species. If we shame these children with labels or medicate them into submission, we'll have undermined a heaven-sent gift—we'll crush a civilization before it takes root. Fortunately, there are many positive solutions and alternatives.

And the same heaven that sent us the Crystal Children can assist those of us who are advocates for these kids.

The How and Why of This Book

I first became aware of the Crystal Children as I traveled around the world giving workshops about the angels. I noticed the Crystals' eyes and magnetic personalities. I held mental conversations with the children and could clearly hear them answering my questions telepathically. I'd watch them smile in response to my mentally projected compliments. *These kids hear my thoughts!* I realized.

Over the next few years, I interviewed children and parents for my book *The Care and Feeding of Indigo Children*. I've always been fascinated with finding patterns among human behavior. Although we're all as unique as snowflakes, the snowflakes share commonalities. With the Indigo Children, I noticed the traits described earlier. With the Crystal Children, my research took even more interesting twists and turns.

During this time, I received five or six unsolicited psychic readings from students and psychic associates who all told me the same

thing: They saw that I was pregnant with a very special child. Well, I definitely *wasn't* pregnant; however, I now know that my psychic friends were seeing the Crystal Children around me. These Crystals were giving me messages that they wanted included in this book.

I found myself falling in love with each young Crystal Child I met. Their hearts were as open and loving as any angel with whom I'd interacted. I found them to be unguarded and unpretentious. I'd go to sleep thinking about the children, and wake up with volumes of information given to me by the spirit world (perhaps by the Crystals themselves?) while I slept.

Each morning I'd wake up knowing more about the Crystal Children than I'd previously known the evening before! I began lecturing about the Crystals and found my audiences very receptive. Many of them were parents, grandparents, or teachers of these special youngsters. They instantly recognized their children's characteristics as I described them.

I went on to ask audience members and subscribers of my newsletter to complete a questionnaire about their Crystals. Within one day of my putting out that request, I received hundreds

It's no coincidence that as greater numbers of Crystals are being born, the number of diagnoses for autism is at a record high!

of replies. For this book, I reviewed numerous stories submitted to me by people who are raising and teaching these remarkable children.

As I reviewed the survey results, two things happened. First, I felt my heart swell with love and gratitude. Just reading the stories made me feel as if I were in the presence of mighty angels! I felt a sense of ecstasy as I acknowledged these amazing kids' presence on our planet. I also felt reassured about our collective future. God wouldn't have sent this special breed of humans to Earth if we were on our last legs as a civilization or planet. Just as humans have evolved from ape-like postures, the Crystal Children provide concrete evidence that we're progressing from an evolutionary standpoint.

Second, I found clear—might I say *crystal* clear?—patterns among each survey respondent. I read dozens of similar stories about the Crystals and their relationships to animals, plants, rocks, and the elderly, for instance. I

pored over many stories with eerily similar accounts about children telepathically communicating with their parents . . . while eschewing verbal communication.

Many parents told me, “I could never relate to the descriptions of Indigo Children. My youngster seemed different. But the Crystal Child profile—that one perfectly fit my child!”

Most parents reported a happy relationship with their Crystal Children marked by very few problems. I heard from parents and grandparents around the globe who described their Crystals as “angels,” “the loves of my life,” “true joys,” and so on.

I noticed that not only were the Crystal Children highly spiritually sensitive, but so were their parents. The souls of Crystals were obviously selecting moms and dads who could raise them in a spiritually nurturing environment. Occasionally I met children who came through spiritually unaware parents. In these cases, their grandparents were highly evolved lightworkers who helped protect and hone the children’s spiritual knowledge and gifts. Most parents told me that their Crystal Children were profound spiritual teachers who taught them a great deal

about being exceptionally loving and kind.

One day I was lecturing about Crystals in Sydney, Australia. During the midday break, Reid Tracy, the president of Hay House (who was there selling my other books), asked me, “What’s this book that everyone’s asking me about? They all want to buy a Crystal Children book.”

I laughed and told him that there was no such book yet; I was simply reporting the data I’d gathered from interviews and my own channelings. Reid remarked, “Well, they obviously want the book. Will you write it?” Without hesitation, I heard myself reply, “Yes, of course I will.” You now hold the results of that decision in your hands!

Whether you’re a parent, a parent-to-be, a grandparent, an educator, a health-care provider, or someone who’s simply interested in children and spirituality, may this book provide validation and guidance for you and your Crystal Children!

— **Doreen Virtue, Ph.D.,**
Laguna Beach, California

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