

DOWSING

DOWSING

THE ULTIMATE GUIDE FOR THE 21ST CENTURY

Elizabeth Brown



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PROLOGUE

Annie was sleeping peacefully in the bedroom of her pretty terraced cottage. It was 3:15 a.m. Around her the streets of a fashionable London suburb also soundlessly slumbered.

The roar of a vehicle speeding down her quiet side street suddenly shattered the silence. Braking abruptly, it drew to a halt immediately outside her home. Jolted upright by the noise, she deftly moved to the window, now very much awake.

Concealed by the voile panels, she watched a man leap out of an unmarked white van and begin pacing up and down directly in front of her gate. Her stomach involuntarily tightened. *Oh no*, she thought with trepidation, *we're about to be burgled*. She reached for her phone, her eyes remaining glued to the ominous figure.

She watched, all senses on alert, as he continued to pace. Peering at his form, now made eerie by the lamplight, she remained frozen, trying to anticipate his next move.

With a start she realized he had something in his hands – obviously the tools of his trade. She watched as he handled them with the ease of someone who knew what he was doing. Riveted, she followed his shadow as he wandered back and forth, back and forth, brandishing a pair of pointed metal objects.

Then, upon reaching her neighbour's gate, he stopped abruptly in his tracks.

What *on Earth* was he doing?

Then it hit her...

Her trepidation melted into amusement.

And the dowsing rods in his hands began to spin rapidly.

At this signal, a door opened in the white van and a second man leaped out. Brandishing an aerosol can of paint, he sprayed the outline of a blue square on the pavement directly underneath the spinning rods.

Job done, the two men jumped back on board, and the anonymous white van sped off into the night...

Annie returned to the comfort of her bed with a wry smile on her face. The only thing on her mind as she drifted off to sleep was, whoever would believe her story?

INTRODUCTION

It may be said with great confidence that dowsing has contributed and continues to contribute to geology, geophysics, ecology, medicine, and the economy of those countries where dowsers conduct their operations.

Professor Alexander Dubrov, Russian Academy of Science

If dowsers are operating by mere chance, it's pretty amazing how they can be so successful.

Amit Goswami, PhD, theoretical quantum physicist and Professor Emeritus,
University of Oregon

Let's get one thing straight from the start.

Dowsing works.

If it didn't, it wouldn't have pluckily survived hundreds, if not thousands, of years of being ridiculed by the general public, dismissed with barely disguised contempt by mainstream science and denounced as the work of the devil by religious groups. Over the centuries dowsers have suffered the gamut from the indignity of scorn to the injustice of imprisonment.

And yet ... dowsing is flourishing today as never before.

This is the most exciting time for this ancient art, which now finds itself on the cutting edge of science. Dowsers have known for centuries of the validity and integrity of their skills. But the science to explain, endorse and legitimize the practice has lagged

behind. That is, until recently; new discoveries in physics are now placing dowsing firmly on the threshold of proof.

Not that there has been any need to endorse dowsing, as the proof is in the results. Dowsters are today employed worldwide: on the payroll of countless utility companies; by police forces to locate crime scenes and missing persons, living or dead; to work hand-in-hand with the police and other authorities in engineering maintenance and road safety; by oil companies to sink wells; by mining companies to locate diamonds and precious metals; by farmers and the owners of factories and golf-courses to find water for irrigation. There is also a thriving community of doctors and homoeopaths employing its benefits in diagnosis and treatment. And volunteer water dowsters are selflessly changing the lives of whole villages on the African continent by locating water quite simply for their survival.

Even more dramatically, dowsing was used by the US Marine Corps in Vietnam to detect underground mines and booby traps, and by American intelligence agencies to locate missing planes and contraband drugs. In a recent conversation, internationally renowned Russian research scientist Dr Konstantin Korotkov told me that his team regularly used dowsing first, before confirming their findings with technology, 'because it is quicker'!

You won't necessarily hear of these dowsters. Why? Because their employers choose to keep silent, fearing ridicule and embarrassment. But they continue to employ the dowsters nevertheless. How do I know? Because I am a professional dowster. And over the years I have talked to my fellow dowsters, men and women, about how they employ their skills, their passion for dowsing and their challenges and successes.

Having dowsed for more than 20 years now, I can say that this is the book I would like to have read when I first started out. There is much here that I was never taught but wish I had been. Perhaps something you read will resonate with you and encourage you to become a dowster, give you a leg-up to be a better dowster or inspire you to be the best dowster you can possibly be. Or

maybe you are simply curious about how this ancient art can have so many modern applications in contemporary life.

Please know that I am not a scientist, nor do I have any aspirations in that direction. Inevitably, as there is no pre-established language to portray the realms of consciousness and subtle energies, I have had to use some terminology that would be deemed to be scientific. I have tried to balance this by also using the language of music. In all cases, the words are used in the spirit of trying to convey the message in the simplest, least pretentious, most accessible way. But, to borrow from Sir Isaac Newton, it is the fact that I 'stand on the shoulders of giants' that has made the writing of this book possible. At every opportunity I have sought to give these men and women, scientists and non-scientists, full and just recognition for their remarkable, pioneering and very often brave endeavours.

Though not a scientist, I am, however, a dowser. I was first taught to dowse by an extraordinary and inspiring man who teaches Native Americans their lost intuitive arts and whose missions include restoring the balance of our planet and the implementation of environmentally sustainable water technologies. And for most of my life, since the age of 14, I have been trained in, and exposed to, many and varied aspects of subtle energies. In that time, I have amassed a broad and intensive spectrum of dowsing experience. Along with the privilege of working with private and corporate clients in over 20 countries, from Australia to Iceland, Argentina to Kuwait, I have established a track record of professional integrity and am the grateful recipient of a formidable but humbling list of testimonials.

Now I am writing this book to introduce dowsing to you as one of the most natural means of enhancing and enriching your life and the lives of others. At a time in the Western world when we are, on a daily basis, bombarded and overwhelmed by *choices*, dowsing is an invaluable tool to help us discern truth from non-truth, to enable us to see past the 'advice' and 'recommendations' of those who operate from hidden agendas and hold vested

interests that are not in our own best good. Dowsing also offers an alternative to the sensationalistic and confusing sound-bite headlines from an over-enthusiastic and persuasive media, giving us a means of taking responsibility for our own health and well-being and what is and is not to our *individual* benefit.

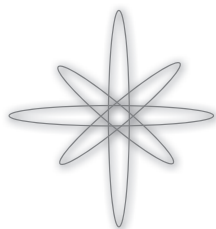
This book is also written to bring dowsing up to date, to leave behind the unhelpful, provocative terminology such as 'water-witching' and 'doodle-bugging', to remove it from the realms of the mysterious, the spooky and the occult, and finally, after centuries of being abused, misunderstood and misinterpreted, to restore its purity as a means of connecting, through its phenomenal mechanics, with the infinite field of the universe.

In short, with considerable first-hand experience of its unquestionable benefits, I am both honoured and committed to giving dowsing its deserved place in the 21st century, at this crucial coming together of science and human consciousness.

PART I

WHAT, WHEN AND WHO





CHAPTER ONE

WHAT IS DOWSING?

Dowsing is a conscious attunement to the field of consciousness that non-locally connects each and every one of us with the cosmos as a whole.

Jude Currivan, PhD, cosmologist, author, dowser

Dowsing has undergone a paradigm shift from the useful but relatively mundane science of finding water sources, lumps of metal and old drains, to the realms of a spiritual search into the mysteries of human consciousness and its relationship with the earth.

Hamish Miller, dowser, author, *The Definitive Wee Book on Dowsing*

To look at the origins, mechanics and practical applications of dowsing, we first have to determine how wide we will allow our definition of dowsing to be. Many traditionalists in the dowsing community believe that the only pure form of dowsing is water divining and, at a stretch, divining for oil, gas and minerals, thus it is defined as 'a means of searching or finding out'. For the purposes of this book, and in acknowledgement of new discoveries in the fundamental nature of the universe, I suggest that dowsing

be redefined in the following manner: ‘a way of finding out by accessing information, with directed intent, using a means outside the five recognized senses and culminating in a physical response within the human body’. As we will see, this may be with, or without, the use of a dowsing tool.

The most common image of dowsing is of a man (usually old, with grey hair and a beard!) holding a forked hazel branch looking – or divining – for underground water. He asks questions of the stick related to finding water: the location of the nearest source, the depth it can be found at, the volume of the flow and the extent of its potability. The stick – or dowsing or ‘divining’ rod – moves in response to his questions and indicates the location of underground water. This is known as *water divining*.

The second most commonly recognized image of dowsing is a person observing reactions from a hand-held pendulum (a weight suspended on a short thread). When a question is asked, the pendulum swings in response, predominantly with a circular motion, indicating either yes or no answers. This methodology is a means of *information dowsing*.

Kinesiological testing, known also as muscle testing, would also fit within our definition of dowsing. There are many methods of kinesiology, using various muscles within the body. Perhaps the most commonly known method is the use of the deltoid muscle in the arm as a reactor muscle. Two people are needed. When the arm of the subject is extended and, at a given signal, light pressure applied by a tester, the muscle will test ‘strong’ or ‘weak’ in response to any given statement or stimuli. Conversely, some practitioners of kinesiology *do not need their subject to be present*. They employ their own body as a kinesiological indicator by using various muscle reactions of their own hand in response to questions or stimuli. The dictionary definition of kinesics is ‘the study of body movements that convey information in the absence of speech’.

All these are means of accessing or finding out information not immediately obvious to us with the naked eye. We are using the human body as a reactor or a connector to a field

of information, which subsequently culminates in an observable physical manifestation of minute muscular responses.

So dowsing can be described as a means of *searching* – for water, oil, gas, minerals, underground cables, pipes or caverns, archaeological artefacts or anything missing or lost; *identifying* leaks, stress fractures, environmental pollutants, electromagnetic fields, nutritional deficiencies, black spots, the sex of pigeons, crime scenes, Earth energies and subtle energies; or *accessing information* about the environment, nature, health and well-being and, well, just about anything you can possibly want to know!

And, as dowsing has a remarkably wide range of applications, the craft is divided into categories. There are two main classifications:

*The first is **field dowsing** – where you are in the presence or vicinity of that for which you are searching, for example on a site determining the location of water or the presence of electromagnetic fields. The dowsing tool will react at, or point to, the spot where the physical target can be found.*

*The second classification is **remote dowsing**, which has two different modes: **map dowsing** and **information dowsing**. Map dowsing entails using a map (or plan or diagram) as a means of focus to discern information pertaining to that map, for example exploring for water, oil or minerals or determining the location of electromagnetic fields. Information dowsing is when no map is necessary and the subject or object may either be thousands of miles away or perhaps in the form of a concept, idea or a theory that has no obvious physical presence, and by dowsing in this fashion we are doing exactly what the term suggests: accessing information. How this is possible and how this is accomplished we will explore in detail later on.*

Despite the more traditional preference for the term 'divining', 'dowsing' and 'divining' are currently interchangeable, with 'dowsing' being viewed as a more contemporary term. One dictionary definition of 'divination' as 'the act or practice of divining: seeking to know the future or hidden things by magical means' is limiting and does nothing to help the dowsing cause. The associations surrounding the word 'magical' once again confine dowsing to the realms of the unscientific, the entertainment business or the downright dodgy.

To the modern mind, in this age of advanced technology, any image of dowsing exercises incredulity and draws criticisms of 'unproven and unscientific'. But running side by side with technological advances of a magnitude barely imaginable a century ago are extraordinary scientific discoveries in the fields of consciousness, intent and the interconnection of everything in the universe. Dismissing dowsing outright as 'unscientific' does not serve us well. Instead, I believe the field of dowsing practices is in perfect accord with new discoveries in the field of quantum exploration.

It was not always so!