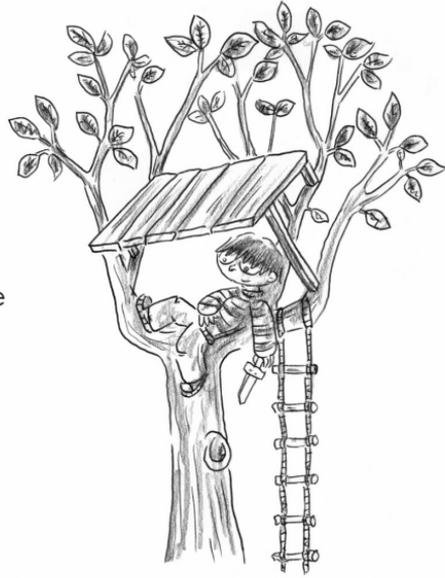


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THINGS WE USE TREES FOR

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Oxygen  
Shade  
Fuel  
Buildings  
Furniture  
Musical instruments  
Reducing noise pollution  
Lowering air temperature  
Vital drugs  
Paper  
Rubber  
Building blocks  
Homes for birds  
Tree houses



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SHAKESPEARIAN INSULTS

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'Your bum is the greatest thing about you.'  
(*Measure for Measure*)

'Pray you, stand farther away from me.'  
(*Antony and Cleopatra*)

'Thou art a boil, a plague-sore, an embossed carbuncle.'  
(*King Lear*)

'You Banbury cheese!'  
(*The Merry Wives of Windsor*)

'Thy food is such as hath been belched on by infected lungs.'  
(*Pericles, Prince of Tyre*)

'Were I like thee, I'd throw away myself.'  
(*Timon of Athens*)

————— ABBREVIATIONS —————

AKA.....	Also Known As
ASAP.....	As Soon As Possible
DVD.....	Digital Versatile Disk
ETA.....	Estimated Time of Arrival
ISP.....	Internet Service Provider
MRSA.....	Methicillin Resistant Staphylococcus Aureus
NB.....	Nota Bene (note well)
RSVP.....	Répondez S'il Vous Plait (please reply)
TWAIN.....	Technology Without Any Interesting Name
FIFO.....	First In First Out
AWOL.....	Absent Without Leave
BYO.....	Bring Your Own
TBC.....	To Be Confirmed
SWAT.....	Special Weapons and Tactics
SCUBA....	Self-Contained Underwater Breathing Apparatus

————— FAMOUS —————

REAL-LIFE DOGS

Pickles, the dog who found the stolen Football World Cup in 1966.

Strelka and Belka, who returned safely to earth after a day in space in 1960.

Barry, a St Bernard who rescued over 40 people stranded in the Alps.

Rico, a Border collie who understands over 200 words.

————— FAMOUS —————

REAL-LIFE CATS

Sugar, the cat who walked some 1,500 miles across the USA to rejoin her owners, who had given her away when they moved.

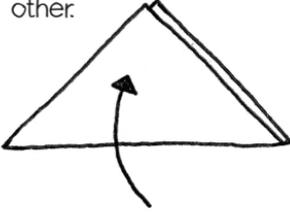
Scarlett, who rescued her five kittens from a burning building in New York in 1996.

Solomon, the white chinchilla longhair who played Blofeld's cat in the James Bond films.

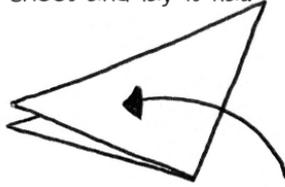
FORTUNE FINDER

To make a fortune finder all you need is a square piece of paper and some coloured pens.

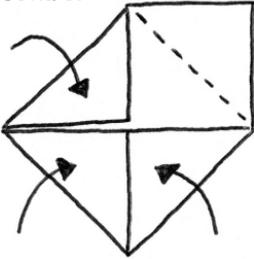
1. Fold the square in half from one corner to the other.



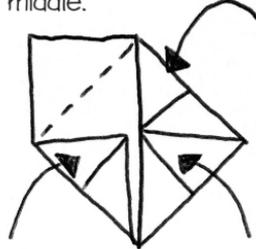
2. Fold it again, to form a smaller triangle. Then unfold the sheet and lay it flat.



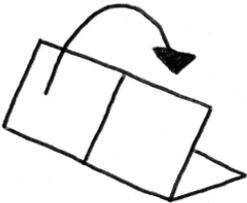
3. Fold each corner of the square into the middle, so the corners all meet at the centre.



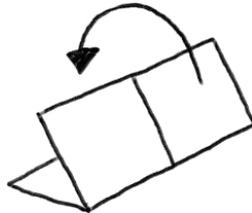
4. Turn the fortune finder over, and repeat step 3, folding the new corners into the middle.



5. Turn the sheet over so that you can see four squares, and fold in half with the squares on the outside.

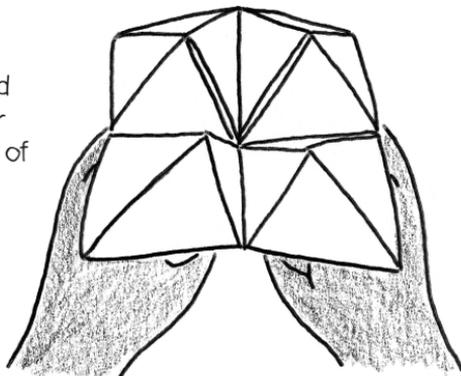


6. Finally, keeping the squares on the outside, fold in half the other way.



7. Use coloured pens to put a different coloured blob on each of the four outer squares.
8. Write a different number on each of the eight inner triangles.
9. Lift up each of the numbered triangles and write a fortune, such as 'You will be rich and famous' or 'You will live in another country' underneath.

10. Slide the thumb and forefinger of both your hands under the flaps of your fortune finder.



11. Ask a friend to choose one of the colours on the flaps of your fortune finder. Spell out the colour, opening and closing the fortune finder for each letter. On the last letter, hold the fortune finder open and ask your friend to choose one of the four numbers that show inside.
12. Count out that number, opening and closing the fortune finder, then ask your friend to choose another number and count it out the same way.
13. Ask your friend to pick a final number. Open up the flap beneath that number and read your friend's fortune.

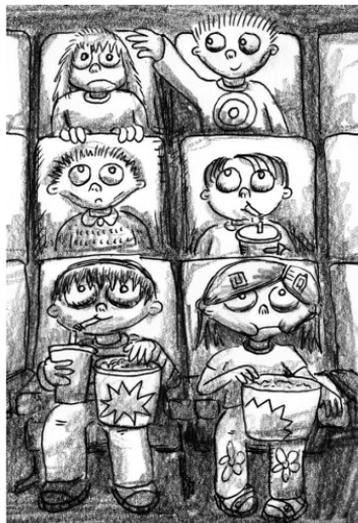
You can use finders for lots of other things by changing what you write under the number flaps. Instead of writing fortunes you could try dares, questions, insults, the names of your friends' true loves, or anything else you can think of.

—VITAMIN DEFICIENCIES—

VITAMIN AND WHERE TO FIND IT	SYMPTOMS OF DEFICIENCY
Vitamin A (carrots, cabbage)	Scaly skin, poor growth
Vitamin B1 (thiamine) (peas, beans, grains)	Beriberi: loss of appetite, tiredness, aching joints, numbness in hands and feet, heart problems
Vitamin B2 (riboflavin) (cereal, milk)	Poor digestion, eye disorders, dry and flaky skin, sore red tongue
Vitamin B3 (niacin) (chicken, tuna)	Pellagra: weakness, skin inflammation, diarrhoea, weight loss, depression, confusion, memory loss
Vitamin B6 (pyridoxine) (beans, fish)	Depression, nausea, weakness, greasy and flaky skin
Vitamin B7 or H (biotin) (eggs, spinach)	Heart abnormalities, appetite loss, fatigue, depression, dry skin
Vitamin B12 (beef, shellfish)	Anaemia, fatigue, nerve damage, smooth tongue, very sensitive skin.
Vitamin C (oranges, strawberries)	Scurvy: tiredness, aching, sores that won't heal, swollen gums, teeth fall out
Vitamin D (salmon, eggs)	Rickets: deformed skull, curved spine, bowed legs, knobby growths on ends of bones
Vitamin E (green leafy veg)	Nervous-system problems
Vitamin K (broccoli, cheese)	Thin blood, danger of bleeding to death

Ask a friend to think of a word that rhymes with orange, purple or silver.

—TOP FIVE ALL-TIME WORLDWIDE BOX-OFFICE HITS —



ONE

*Titanic* (1997)

TWO

*The Lord of the Rings:  
The Return of the King* (2003)

THREE

*Harry Potter and the  
Philosopher's Stone* (2001)

FOUR

*Star Wars: Episode I –  
The Phantom Menace* (1999)

FIVE

*The Lord of the Rings:  
The Two Towers* (2002)

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THE CHINESE CALENDAR

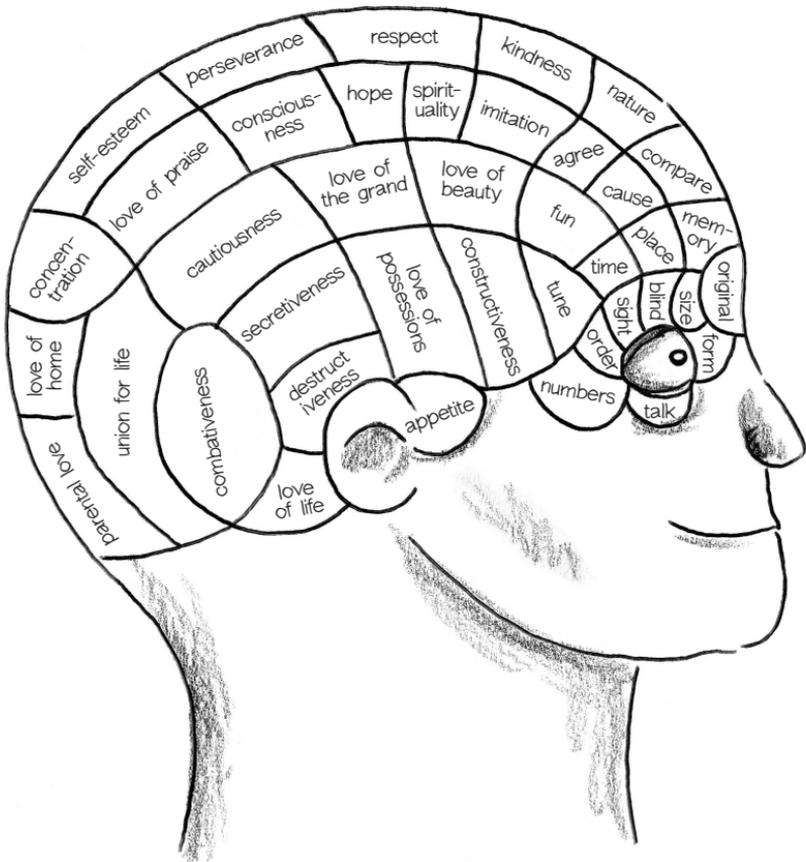
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1995.....	Pig
1996.....	Rat
1997.....	Cow
1998.....	Tiger
1999.....	Rabbit
2000.....	Dragon
2001.....	Snake
2002.....	Horse
2003.....	Goat
2004.....	Monkey
2005.....	Rooster
2006.....	Dog

And then back to pig – it is a twelve-year cycle.

PHRENOLOGY

According to phrenology, all the many aspects of a person's character can be seen in 'bumps' on the surface of the brain. As the personality developed so would the bumps – those corresponding to much-used characteristics growing and those corresponding to little-used characteristics shrinking. These bumps could change with character over time. The diagram below shows which bumps relate to which characteristics



————CAUSES OF CROP-CIRCLES: THEORIES————

Landscape artists • Evil entities • Aliens  
Freak whirlwinds • Unknown natural energies • Hoaxers  
Intelligent balls of white light

————BODY APPENDAGES————

CLAY LIP PLATES

(Mursi people, Omo Valley, Ethiopia)

When a Mursi girl reaches the age of 15 or 16, her bottom lip is pierced and a clay lip plate is inserted. As the lip stretches, larger and larger plates are inserted. It is thought that the larger the lip plate, the greater the number of cattle required in exchange for her hand in marriage.

BRASS NECK RINGS

(Padaung tribe, Burma)

As young girls, women from the Padaung tribe are given brass rings to wear around their necks. As they grow up, more and more rings are added and this gives them the appearance of having extraordinarily long necks. In fact, the rings do not stretch the neck, but rather the weight of them pushes down on the collarbone until it appears to be a part of the neck.

EARLOBE PIERCINGS

(global)

In Western culture it is common for men and women to pierce their ears. Sometimes, by gradually increasing the size of the part of the ring that goes through the piercing, people increase the size of the holes to accommodate large earplugs.

————ANIMALS THAT CAN CHANGE COLOUR————

Chameleon • Flounder • Octopus • Cuttlefish  
Golden tortoise beetle • Bark spider