

# The best MARCO POLO Insider Tips

## Our top 15 Insider Tips



### INSIDER TIP Street with a view

*Fjällgatan* on Södermalm's rocky shore offers a magnificent view of Sweden's capital and Saltsjön Bay from a height of 28 m (92 ft) → p. 44

### INSIDER TIP Young stars

Everybody's darlings: a new generation is born in May and June in the zoo at *Skansen* open-air museum – come and see the baby elk, reindeer and bear cubs (photo right) → p. 49

### INSIDER TIP New art – new ideas

Contemporary modern art in *Magasin 3*, Stockholm's art space in the Free Port in the north-east of the city. Internationally renowned artists exhibit their latest works here over an area of 16,000 ft<sup>2</sup> → p. 53

### INSIDER TIP The national delicacy in XXL size

They are eaten all over Sweden: the *kanelbulle*, a bun with lots of cinnamon. Café *Saturnus* in Östermalm serves them deliciously oversized → p. 61

### INSIDER TIP At a dizzy height

You can hike across the old *Parliament Building* wearing a helmet and safety belt. The view is breathtaking, but only for those with a head for heights → p. 118

### INSIDER TIP Room with a view

Great view, great price: the former nurses' residence at the *Ersta* hospital on the cliff above the entrance to Stockholm harbour offers quiet, comfortable rooms at affordable prices → p. 89

### INSIDER TIP Sweet 'n' salty

There's a small shop, *Lakritsroten*, at the end of Sveavägen heading out of town that has a huge variety of delicious treats for liquorice fans! Why not give the sweets, chocolate or tea a try! → p. 71

### INSIDER TIP Brilliantine goes underground

*Sivleto's* highly original cellar shop is a place of pilgrimage for rockabil- lies → p. 75

### INSIDER TIP Open-air dancing to the drone of engines

Under a motorway bridge at the southern end of Södermalm a young, alternative crowd gets together for drinks, music and boules at *Trädgård* – a popular outdoor club, despite its peripheral location → p. 81

### INSIDER TIP Natural luxury

You'll find the perfect combination of simplicity and exclusivity at the eco-safari camp *Island Lodge*! Sleep out in the wild, enjoy all nature has to offer while indulging in designer linens and a luxurious bed → p. 88

### INSIDER TIP Bacon & eggs with live music

Every Sunday, the classical *Etablissermanget* Club, which was once known as Mosebacke, in Södermalm, serves a delicious buffet brunch accompanied by five hours of live jazz. A real institution in Stockholm! → p. 80

### INSIDER TIP A charming place to lay your head

Creaking wooden floors, narrow staircases, skew-whiff walls: you will sleep the way people did 400 years ago in the rooms of the cosy *Hotel Sven Vintappare* → p. 87

### INSIDER TIP A wet and wild paradise

You will be able to splash around to your heart's content in the *Smedsuddsbadet* in the centre of town → p. 108

### INSIDER TIP Bathing without rocks

A very special barefoot experience: the sandy *Trouville* beach on the skerry island of Sandhamn is a real delight on a summer's day → p. 57

### INSIDER TIP Nautical wonders to manuel art

In the hidden-away café *Tackel och tåg* at the old shipyard on the island of Djurgården, take your coffee and cake amidst a colourful mix of old maritime gear → p. 61



# BEST OF...

## GREAT PLACES FOR FREE

Discover new places and save money

### ● Panoramic views

The ¼ mi-long *Monteliusvägen* footpath extends along the rocky fringe of Södermalm and offers a fantastic panorama. In contrast to other viewpoints, the cityscape laid out before you, with Lake Mälär, Stadshuset and Riddarholmen, comes without a price-tag → p. 28

### ● Cool curves

*Ice-skating* fans have a heyday during Stockholm's winter. You can skate on the artificial ice rinks in Vasaparken and at the Östermalm sporting complex every day, free of charge → p. 51

### ● Singing bench

Monica Zetterlund become famous in the 1960s with her homage to Stockholm 'Sakta vi går genom stan'. After her death in 2005 in a fire, a park in Vasastan was named after her. Entrance is free and you can listen to Zetterlund's voice, sitting on a *teak bench*: as soon as you sit down the music starts → p. 36

### ● A forest of newspapers

Stockholm's City Library, the *Stadsbiblioteket*, has more than 100 newspapers, including 30 international ones, on its shelves. Here, visitors can catch up on what's happening in the world in a tranquil environment free of charge → p. 36

### ● Young virtuosos

Students have been trained as musicians, composers, conductors and teachers at the *Royal Music University* since 1771. The budding stars show off their skills in classical, folk and jazz music at frequent free concerts → p. 82

### ● In honour of the King

In goosestep and smart uniforms, on horseback and with a military band: the *changing of the guard* and parade in front of the Royal Palace is a real crowd-puller in Stockholm. But His Majesty's soldiers are not there for fun: they are on sentry duty to protect the royal family (photo) → p. 34



●●● Dots in guidebook refer to 'Best of...' tips

## ONLY IN STOCKHOLM

Unique experiences

### ● Be a Fashionista!

Stockholmers are great followers of fashion, snatching up the latest styles immediately. You want to join in? Perhaps you're a little unsure of yourself? Or you just don't have time? Then head off to MOOD, NK (photo) or Åhléns and get some advice from your own *personal shopper*! → p. 73

### ● Skerry feeling in 25 minutes

Cliffs, pine trees, bilberry bushes: there are 30,000 islands beyond Stockholm's city walls. You can reach the small island of *Fjäderholmen*, where you will be able to feast on smoked shrimps and white wine and watch the spectacular sunset, in a mere 25 minutes → p. 96

### ● De luxe meatballs

The typically Swedish *köttbullar* are to be had at the *Operakällarens Bakficka* restaurant in premium quality. An unforgettable taste experience accompanied by a creamy sauce, mashed potatoes and cranberries → p. 65

### ● The Royals and the people

If you want to get a glimpse of the royal family you only have to take up position on one of the streets in Stockholm on 6 June on *Nationaldagen*, the Swedish national holiday. That is the day when member of the royal family travel through the town to Skansen to celebrate with their subjects → p. 110

### ● Noble (or Nobel) location

You can spot Stockholm's *town hall* and its tower with three golden crowns from far away: the *Stadshuset* is the symbol of the Swedish capital city. This is where weddings take place, the city is administered and celebrations are held. One of them, on 10 December, is the gala dinner given in honour of the Nobel Prize winners. → p. 55

### ● Healthy living in the big city

Take a leaf out of their book: the Stockholmers are quite health-conscious; they eat healthily (mostly) and get plenty of exercise – preferably outdoors. And they like to buy organic. Produce grown organically, and locally where possible, is booming. You can get your hands on some at *Saltå Kvarn*, for example, on Södermalm → p. 72



# ONLY IN





# DISCOVERY TOURS

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## STOCKHOLM AT A GLANCE

**START:** ① Stortorget  
**END:** ⑮ Sturecompagniet

**1 day**  
Actual walking time  
2 hours

**Distance:**

→ 7 km/4.3 mi on foot



**COSTS:** ④ **Royal Palace** admission 159 SEK; public transport incl. ferries, from 242 SEK; ⑧ **Abba Museum** admission 195 SEK; ⑮ **Sturecompagniet** admission 120 SEK

**IMPORTANT TIPS:** Outside the high season (May–Sept) the S7 tram takes you to the Abba Museum, instead of the heritage tram no. 7N. Then, instead of the ferry, bus or tram take you to Slussen ([www.sl.se](http://www.sl.se)).

As an alternative to the Fjäderholmen dinner, head for trendy **Ekstedt** → p. 62 on Östermalmstorg for your evening meal, then on to ⑮ **Sturecompagniet** (Thu–Sat only 10pm–3am!).

Cities have many faces. If you want to get behind the scenes to explore their unique charm and head off the beaten track or find your way to green oases, handpicked restaurants or the best local activities, then these tailored Discovery Tours are just the right thing. Choose the best route for the day and follow in the footsteps of the MARCO POLO authors – well-prepared to navigate your way to all the many highlights that await you along the tour.

Picturesque and green, hip and classy: Stockholm, with its 14 islands, has many different faces. Discover on this tour what is most beautiful about the Swedish capital; the historical Gamla Stan and its narrow alleyways; the up-market Östermalm district with its magnificent town houses; lively, trendy Södermalm and the idyllic island of Djurgården and its great museums.

**09:00am** Begin your day trip at Stockholm's beating heart – in historical **Gamla Stan** on ① **Stortorget** → p. 38. The ideal start to a perfect day in Stockholm is a spot of breakfast with a typically Swedish cinnamon bun (*kanelbulle*)

① Stortorget

